



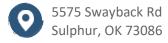
Free Product Recommendation Guide

This list has been put together to assist you in replacing your medicine cabinet with whole food supplements and herbs to assist the body in healing itself and building your immune system.

Warning: The Food and Drug Administration does not verify that supplements contain what they say they do or whether they're contaminated with heavy metals, bacteria, or pesticides before they are sold. For this reason, choosing high quality and trusted brands is of the upmost importance!

"These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease."

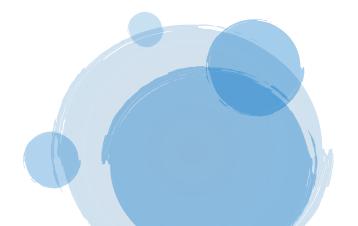
Disclaimer: This supplement recommendation list does not replace the importance of a consultation with a trained practitioner to determine the root cause of symptoms.













Patient Direct Links

These supplements are high quality and must be purchased through a provider. There are several different companies and I have provided the websites and patient direct links below:

https://cellcore.com/

Patient Direct Code YOAvg8yQ

https://systemicformulas.com/patient-registration/

Patient Direct Code **OKOD01**

https://www.standardprocess.com/

Patient Direct Code ESDZ8X

(This code must be approved so please contact me after registering)

Immune Support/Vitamin C Sources

Standard Process:

- Cataplex AC- Vitamin C, Vitamin A and Echinacea
- Cataplex C Vitamin C
- **Immuplex-** Iron, Zinc, Copper, Chromium, Folate and vitamins A, B₆, and B₁₂ and antioxidant vitamins C and E

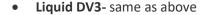
Systemic Formulas:

- CZI (Vitamin C, Zinc, Immune Support) Features Vitamin C, supercharged with Zinc, Copper and Herbalomic ingredients (decaffeinated Green Tea), as well as Ascorbyl Palmitate (fat soluble for cell membrane impact) and immune boosting Beta Glucan.
- **ACX-** Vitamin C, Vitamin A, Echinacea and Vitamin E. Also has a blend to assist with detoxification and drainage.
- TACX/CXACX- Liquid versions of ACX
- **Tuff Play-** Great overall Support for kids. Includes Vitamin C, Zinc, Vitamin D3, elderflower, astragalus and echinacea.

Vitamin D

Systemic Formulas:

 DV3- Vitamin D with Immune Support. This is a unique formula of Vitamin D3, plus the fat-soluble vitamin family of Vitamins K2, E, and A; Beta Glucan; Turmeric; L-Carnitine; Calcium; Magnesium; and includes liver and kidney support



Zinc

Standard Process

 Zinc Chelate- Low dose due to high bioavailability and easy on digestion.

Systemic Formulas

 CZI - (Vitamin C, Zinc, Immune Support) Features Vitamin C, supercharged with Zinc, Copper and Herbalomic

Detox Support

Standard Process

• **Chelaco-** contains Hawthorn, Milk Thistle seed and Garlic to provide general detoxification support.

Systemic Formulas

- Bind- This formula provides toxin and heavy metal binding matrices such as activated carbon and purified humates to support natural toxin elimination. Commonly referred to as a "drainage" support for the G.I. tract. (great for constant nausea, especially in the mornings as this can indicate a chemical or toxin overload in the GI tract)
- CLNZ- A traditional gentle chelation and cleansing formula.
 This formula assists the body to draw out and eliminate unwanted environmental materials through a complex botanical chelation process. Supports both the liver and lymph drainage processes.

Digestive Support

Standard Process

- Zypan- Hydrochloric acid (HCl) is key in protein digestion.
 (Take with 1-3 TBS apple cider vinegar with mother 3 x day for reflux) Also assists with constipation, bloating and gas.
- Lact Enz- Combines digestive enzymes with probiotic bacteria to support healthy digestion and immune system function.
- Phosfood- Gallbladder support and great if you have a history of recurrent kidney stones. Also great for migraines post gallbladder removal in conjunction with Zypan.